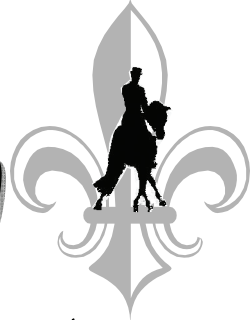


Advanced Massage Clinic



With Robyn Drake

March 27-28, 2010



Excelsior Equestrian Center

In the advanced class, the participants learn the fundamental aspects of basic and safe equine massage practice and further venture into massage's benefits to your equine companion.

The following topics will be covered:

1. Basic Anatomy and the Circle of Muscle
2. Biomechanics and Conditioning
3. Introduction to massage with: Positioning, Posture, Contact, Pressure, Rhythm
4. Massage movements: Stroking, Effleurage, Kneading, Compressions, Percussions
5. Warm-up and cool-down of areas to be massaged
6. A full body Maintenance Massage routine
7. Palpation of the Lower Limbs
8. Stretching instructions
9. Basics of Saddle fit
10. Heat and Ice therapies
11. Lameness investigation basics

Discussion topics will be supplemented with charts and videos. This advanced class will increase your ability to provide massage maintenance for your horse and improve your awareness of your horse's physical well being.

Cost:

\$270 /participant (minimum of 6 needed to host clinic)

All fees includes lunch, massage manual, and lots discussion and hands-on work with horses. These are 2 full days of instruction, starting at 9am and ending at 4pm each day. Limited to 10 participants; sorry, no auditors at this clinic. RSVP with your check by March 15th!

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Cut at dotted line and send to address below by March 15th!

Name: _____ Phone: _____ E-mail: _____

Mail Checks to:

Excelsior Equestrian Center
6780 E. Old Lincolnway St.
Hobart, IN 46342
219-942-8195